

Statistics Report 18983, AUSTIN, Cheddar Cheese on Wheat Crackers, sandwich-type

Report Date: July 04, 2017 20:10 EDT

Nutrient values and weights are for edible portion.

| Nutrient | Unit | Value Per100 g | Data Points | Std. Error | Min | Max | df | LB | UB | # Studies | Source | NDB Ref | Last Modified |
|-----------------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--------------------------------------------------------------|---------|------------------|
| Proximates | | | | | | | | | | | | | |
| Water 1 | g | 2.70 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Energy 1 | kcal | 495 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Energy | kJ | 2071 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Protein 1 | g | 7.90 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Total lipid (fat) 1 | g | 24.50 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Carbohydrate, by difference 1 | g | 61.40 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |

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|----------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--------------------------------------------------------------------------|---------|------------------|
| Fiber, total dietary 1 | g | 1.8 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Sugars, total 1 | g | 14.60 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Minerals | | | | | | | | | | | | | |
| Calcium, Ca 1 | mg | 151 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Iron, Fe 1 | mg | 3.00 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Magnesium, Mg 1 | mg | 10 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Phosphorus, P 1 | mg | 195 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Potassium, K 1 | mg | 310 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Sodium, Na 1 | mg | 839 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Vitamins | | | | | | | | | | | | | |

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|------------------------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--------------------------------------------------------------------------|---------|------------------|
| Thiamin 1 | mg | 0.390 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Riboflavin 1 | mg | 0.250 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Niacin 1 | mg | 3.500 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Folate, total 1 | µg | 99 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Lipids | | | | | | | | | | | | | |
| Fatty acids, total saturated 1 | g | 6.100 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Fatty acids, total monounsaturated 1 | g | 5.300 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Fatty acids, total polyunsaturated 1 | g | 11.800 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |
| Fatty acids, total trans 1 | g | 0.310 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |

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|--------------------------------------------|------|-------------------|----------------|------------|-----|-----|----|----|----|-----------|--------------------------------------------------------------------------|---------|------------------|
| Cholesterol ¹ _ | mg | 3 | -- | -- | -- | -- | -- | -- | -- | -- | Calculated by manufacturer, not adjusted or rounded for NLEA | -- | 04/2012 |

Sources of Data
¹Kellogg, Co. Kellogg Company Products, 2012